

Zeeland Recreation Dance Program

Dress and Shoe Requirements

Just like sports require specific equipment and footwear, dance requires a leotard, tights and proper shoes. Dancers in Pre-Primary, Primary, Secondary and Ballet Tech classes are required to adhere to dress code requirements on a weekly basis. If you do not wish to invest in, or your child does not wish to wear, the proper attire, please sign up for the age appropriate Dance Fundamentals class where the dress code for students is more relaxed. Please read below for dress code requirements.

Pre-Primary and Primary Leveled Classes: **Ladies:** leotard (preferably solid colored), pink tights, pink leather or canvas ballet shoes. Hair in bun or ponytail. Optional: black dance shorts **Gentlemen:** Black or solid colored shorts, plain t-shirt or tank, black ballet shoes

Secondary Leveled Classes: **Ladies:** leotard (preferably solid colored), pink or tan tights, pink leather or canvas ballet shoes, tan jazz shoes (tan or flesh turners for Secondary VIII), hair in bun or ponytail Optional: black dance shorts **Gentlemen:** Black or solid colored shorts, plain t-shirt or tank, black ballet shoes and black jazz shoes

Ballet Technique: **Ladies:** leotard (black or solid color), pink tights, pink leather or canvas ballet shoes, hair in bun **Gentlemen:** black shorts or tights, white fitted t-shirt, black ballet shoes

Tap: **Ladies:** leotard (preferably solid colored), pink or tan tights, tan split sole, slide on or lace up, tap shoes (see note below regarding Tap VII, VIII and X), hair in ponytail Optional: black dance shorts. **Gentlemen:** black or solid colored shorts, plain t-shirt, black tap shoes

Tap VII, VIII, X: **Ladies:** Tan character shoes in addition to their regular tan tap shoes are required. Tap VII should start with 2 inch heels. Tap VIII and X may have 2.5 or 3 inch heels

Dance Fundamentals: Leather or canvas ballet shoes (pink for ladies and black for gentlemen) are required. Attire outlined for Pre-Primary and Primary Leveled Classes above is recommended or dancers may wear fitted, stretchy clothing that allow full range of movement and show the alignment of the body as much as possible.

Tap Fundamentals: Tap shoes (tan for ladies and black for gentlemen) are required. Attire outlined for Tap Classes above is recommended or dancers may wear fitted, stretchy clothing that allow full range of movement and show the alignment of the body as much as possible.

Hip Hop: Hip hop sneakers (available from the Kicks Dancewear Sale), active wear that allows for full range of movement, long hair in a ponytail

Jazz: Jazz shoes (tan for ladies and black for gentlemen), active wear that allows for the full range of movement, long hair in a ponytail

Cold Weather Options: When the weather turns colder, dancers may want items for class that provide warmth but still show body alignment. **Ladies:** long sleeve leotard or fitted/cropped ballet wrap sweater **Gentlemen:** long sleeve fitted athletic shirt (preferably solid colored)