



FITNESS MEMBERSHIPS

Seniors, Military or Student Memberships **\$15 p/month**
Fitness Room | Lap Swimming | Water Walking

Individual Memberships **\$30 p/month**
Fitness Room | Lap Swimming | Water Walking

Family Memberships* **\$50 p/month**
Fitness Room (13 yr. olds +)
Lap Swimming (8 yr. olds +)
Free Access to “Open Swim” for Entire Family
**Family Membership = Spouse + 18 yrs. & under*
**13 yr olds require orientation & adult supervision*
**14-15 yr olds require orientation*

FITNESS CLASSES

\$4 p/class OR Punch Card

Aquatics Classes

Deep H2O | Sunrise Stretch & Stride | Hydro Cardio |
Midday Movers | Energy H2O | Lap Swimming |

Fitness Classes

Booty Bustin’ Barre | Cardio Sculpt | Cardio Kickboxing |
Core, Strength & Stretch | Movement & Mindfulness |
Power Pilates & Yoga | Running Club: Train for a 5k |
Senior Strong & Balanced | Spin | Total Body Boot Camp |
Triple Threat | Yoga | Yoga-Pilates Fusion | Zumba |

PUNCH CARD

\$30 | Any 10 Activities | No Expiration Date

Options: Fitness Classes - Aquatics Classes - Fitness Room Workouts - Lap Swimming

FITNESS CENTER HOURS

September – May

Mon – Fri: 5:30am – 8:30pm
Saturday: 7:30am – 1:00pm
Sunday: Closed

June – August

Mon – Thur: 5:30am – 8:30pm
Friday: 5:30am – 4:00pm
Saturday: 7:30am – 11:00am
Sunday: Closed



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WHAT ELSE DO WE OFFER?

We are proud to offer **150+** recreational, fitness and leisure programs to the Zeeland community. To learn about all the programs we offer, visit www.recreation.zps.org.

ONLINE REGISTRATION

To register for our programs, visit our website at www.recreation.zps.org, give us a call (616.748.3230), or stop by our office (320 E Main, Zeeland).

SUBSCRIBE TO OUR E-NEWSLETTER

We send out a newsletter every couple weeks highlighting upcoming programs, deadlines, new programs, and more. Subscribe: www.recreation.zps.org/z-rec-connect/.

CONTACT US

Address: 320 E Main, Zeeland, MI 49464

Phone: 616.748.3230

Website: <http://recreation.zps.org>