



FITNESS MEMBERSHIPS

Seniors, Military or Student Memberships **\$15 p/month**
Cardio & Fitness Room
Lap Swimming & Water Fitness

Individual Memberships **\$30 p/month**
Cardio & Fitness Room
Lap Swimming & Water Fitness

Family Memberships* **\$50 p/month**
Cardio & Fitness Room (13 yr. olds +)
Lap Swimming & Water Fitness (8 yr. olds +)
Free Access to “Open Swim” for Entire Family
*Spouse + 18 yrs & under family members

FITNESS CLASSES

\$4 p/class OR Punch Card

Aquatics Classes*
Deep H2O | Sunrise Stretch & Stride | Hydro Cardio |
Midday Movers | Energy H2O | Lap Swimming |

Fitness Classes*
Total Body Boot Camp | Yoga | Power Pilates & Yoga |
Booty Bustin’ Barre | Cardio Kickboxing | Zumba |
Core, Strength & Stretch | Yoga-Pilates Fusion | Spin |
Senior, Strong & Balanced | Meditation & Mindfulness |

*Class Calendars & Descriptions: <http://recreation.zps.org/fitness-classes/>

PUNCH CARD

\$30 | Any 10 Classes and/or Cardio & Fitness Room Workouts | No Expiration Date

FITNESS CENTER HOURS

September – May
Mon – Fri: 5:30am – 8:30pm
Saturday: 7:30am – 1:00pm
Sunday: Closed

June – August
Mon – Thur: 5:30am – 8:30pm
Friday: 5:30am – 4:00pm
Saturday: 7:30am – 11:00am
Sunday: Closed



FOLLOW US ON SOCIAL MEDIA



@ZeelandRecreation

WHAT ELSE DO WE OFFER?

We are proud to offer **150+** recreational, fitness and leisure programs to the Zeeland community. To learn about all the programs we offer, visit www.recreation.zps.org.

ONLINE REGISTRATION

To register for our programs, visit our website at www.recreation.zps.org, give us a call (616.748.3230), or stop by our office (320 E Main, Zeeland).

SUBSCRIBE TO OUR E-NEWSLETTER

We send out a newsletter every couple weeks highlighting upcoming programs, deadlines, new programs, and more. Subscribe: www.recreation.zps.org/z-rec-connect/.

CONTACT US

Address: 320 E Main, Zeeland, MI 49464

Phone: 616.748.3230

Website: <http://recreation.zps.org>