



## Aquatics Calendar

### ZEELAND RECREATION WEST POOL (COOL)

320 East Main | Zeeland, Michigan | Direct: 616.748.3230

Calendar in effect from September 5, 2017 thru December 31, 2017.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30-7:00am <b>Lap Swim</b>	5:30-7:00am <b>Lap Swim</b>	5:30-7:00am <b>Lap Swim</b>	5:30-7:00am <b>Lap Swim</b>	5:30-7:00am <b>Lap Swim</b>	7:30-11:00am <b>Lap Swim</b>
9:00-10:00am <b>Deep H2O</b>		9:00-10:00am <b>Deep H2O</b>		9:00-10:00am <b>Deep H2O</b>	
11:00-1:00pm <b>Lap Swim</b>	11:00-1:00pm <b>Lap Swim</b>	11:00-1:00pm <b>Lap Swim</b>	11:00-1:00pm <b>Lap Swim</b>	11:00-1:00pm <b>Lap Swim</b>	
5:30-7:30pm <b>Lap Swim</b>	5:30-7:30pm <b>Lap Swim</b>	5:30-7:30pm <b>Lap Swim</b>	5:30-7:30pm <b>Lap Swim</b>	5:30-8:30pm <b>Lap Swim</b>	
7:30-8:30pm <b>Energy H2O</b>	7:30-8:30pm <b>NEW! Hydro Cardio</b>	7:30-8:30pm <b>Energy H2O</b>	7:30-8:30pm <b>Energy H2O</b>		

**Designated open lap lanes-** During non-peak hours, competitive youth swimmers ages 8-12 years old will be allowed to swim laps.  
Please view the Lap Swim Policy on our website or call our service desk for guidelines.

**Multiple ways to pay-** by session (instructor-led classes only), drop in or purchase a 10-visit punch card.

**Note:** All Fitness Center Memberships include usage of the cardio & fitness room **AND** participation in lap swim and water fitness.

**Schedule subject to change.** Visit our website <http://recreation/zps.org> for the most up-to-date calendar of classes.