




# April Aquatics Calendar CITYSIDE EAST POOL (WARM)

320 East Main | Zeeland, Michigan | Direct: 616.748.3230

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <b>Multiple ways to pay-</b> by session (classes only), drop-in or purchase a 10-visit punch card. <b>NEW!</b> Fitness Center memberships include use of cardio & fitness room and participation in lap swim and water fitness			<b>Enjoying a stay-cation over spring break? Join us at the pool for expanded open swim times. Remember! It's always warm at the pool!</b>		7:30-9am Water Fitness <span style="float: right;">1</span>
5:30-7am Water Fitness <span style="float: right;">3</span> 7-8am Sunrise Stretch Stride 12-1pm Deep Water Walking 12-1pm Midday Movers <b>1-3pm Open Swim</b> 5:30-6:30pm Water Fitness <b>6:30-8:30pm Open Swim</b>	5:30-7am Water Fitness <span style="float: right;">4</span> <b>MAINTENANCE REQUIRED POOL CLOSED AT 7:00 AM</b>	5:30-7am Water Fitness <span style="float: right;">5</span> 7-8am Sunrise Stretch Stride 12-1pm Deep Water Walking 12-1pm Midday Movers <b>1-3pm Open Swim</b> 5:30-7:00pm Water Fitness 7-8pm Energy H2O	5:30-7am Water Fitness <span style="float: right;">6</span> 12-1pm Water Fitness <b>1-3pm Open Swim</b> 5:30-6:30pm Water Fitness <b>6:30-8:30pm Open Swim</b>	5:30-7am Water Fitness <span style="float: right;">7</span> 7-8am Sunrise Stretch Stride 12-1pm Deep Water Walking 12-1pm Midday Movers <b>1-3pm Open Swim</b>  <b>Pool Closed at 3:00 PM</b>	<b>Pool Closed Happy Spring Break</b> <span style="float: right;">8</span>
5:30-7am Water Fitness <span style="float: right;">10</span> 7-8am Sunrise Stretch Stride <b>11-12pm Deep Water Walking</b> <b>11-12pm Midday Movers</b> 5:30-6:30pm Water Fitness 6:30-8:30pm Open Swim	5:30-7am Water Fitness <span style="float: right;">11</span> <b>11-12pm Water Fitness</b> 5:30-6:30pm Water Fitness	5:30-7am Water Fitness <span style="float: right;">12</span> 7-8am Sunrise Stretch Stride <b>11-12pm Deep Water Walking</b> <b>11-12pm Midday Movers</b> 5:30-6:30pm Water Fitness 7-8pm Energy H2O	5:30-7am Water Fitness <span style="float: right;">13</span> <b>11-12pm Water Fitness</b> 5:30-6:30pm Water Fitness 6:30-8:30pm Open Swim	5:30-7am Water Fitness <span style="float: right;">14</span> 7-8am Sunrise Stretch Stride <b>11-12pm Deep Water Walking</b> <b>11-12pm Midday Movers</b> 5:30-6:30pm Water Fitness 6:30-8:30pm Open Swim	7:30-9am Water Fitness <span style="float: right;">15</span>
5:30-7am Water Fitness <span style="float: right;">17</span> 7-8am Sunrise Stretch Stride <b>11-12pm Deep Water Walking</b> <b>11-12pm Midday Movers</b> 5:30-6:30pm Water Fitness 6:30-8:30pm Open Swim	5:30-7am Water Fitness <span style="float: right;">18</span> <b>11-12pm Water Fitness</b> 5:30-6:30pm Water Fitness 6:30-8:30pm Open Swim	5:30-7am Water Fitness <span style="float: right;">19</span> 7-8am Sunrise Stretch Stride <b>11-12pm Deep Water Walking</b> <b>11-12pm Midday Movers</b> 5:30-6:30pm Water Fitness 7-8pm Energy H2O	5:30-7am Water Fitness <span style="float: right;">20</span> <b>11-12pm Water Fitness</b> 5:30-6:30pm Water Fitness 6:30-8:30pm Open Swim	5:30-7am Water Fitness <span style="float: right;">21</span> 7-8am Sunrise Stretch Stride <b>11-12pm Deep Water Walking</b> <b>11-12pm Midday Movers</b> 5:30-6:30pm Water Fitness 6:30-8:30pm Open Swim	7:30-9am Water Fitness <span style="float: right;">22</span>
5:30-7am Water Fitness <span style="float: right;">24</span> 7-8am Sunrise Stretch Stride <b>11-12pm Deep Water Walking</b> <b>11-12pm Midday Movers</b> 5:30-6:30pm Water Fitness 6:30-8:30pm Open Swim	5:30-7am Water Fitness <span style="float: right;">25</span> <b>11-12pm Water Fitness</b> 5:30-6:30pm Water Fitness 6:30-8:30pm Open Swim	5:30-7am Water Fitness <span style="float: right;">26</span> 7-8am Sunrise Stretch Stride <b>11-12pm Deep Water Walking</b> <b>11-12pm Midday Movers</b> 5:30-6:30pm Water Fitness 7-8pm Energy H2O	5:30-7am Water Fitness <span style="float: right;">27</span> <b>11-12pm Water Fitness</b> 5:30-6:30pm Water Fitness 6:30-8:30pm Open Swim	5:30-7am Water Fitness <span style="float: right;">28</span> 7-8am Sunrise Stretch Stride <b>11-12pm Deep Water Walking</b> <b>11-12pm Midday Movers</b> 5:30-6:30pm Water Fitness 6:30-8:30pm Open Swim	7:30-9am Water Fitness <span style="float: right;">29</span>

Water fitness includes shallow and deep water walking only. See lap swim schedule in the west pool on opposite side.

**Important Scheduling Update:** April 10 thru May 31 Midday Movers and Water Fitness will meet from 11-12pm due to school lessons.

Schedule subject to change. Visit our website <http://recreation/zps.org> for the most up-to-date calendar of classes.